

Trade Winds Restaurant

Family Dinner Menu



Beverages

Coffee (Regular or Decaf with free refills)	\$ 1.75
Lipton Tea (Sweet or Unsweetened with free refills)	\$ 1.75
Hot Tea, Hot Chocolate or Milk	\$ 1.50
Fountain drinks (with free refills): Pepsi, Diet Pepsi, Diet Dr. Pepper, Sprite, Mug Root Beer, or Pink Lemonade	\$ 1.75
<i>You are welcome to bring your own alcoholic beverages to enjoy with dinner.</i>	

Soup and Salads

Soups: Please ask your server about our soup choices as they change each day. Cup \$ 2.95 Bowl \$ 3.95

House Salad or Caesar Salad

\$5.95

Build your own dinner salad by adding these delicious meats and cheeses:

- Add 6 ounces of grilled or blackened chicken : add \$ 3.95**
- Add 4 ounces of grilled or blackened shrimp: add \$ 4.95**
- Add 8 ounces of grilled or blackened steak: add \$ 6.95**

(Ham, turkey, boiled eggs and cheese) **Make it a Chef Salad: add \$ 3.95**

Salad Dressings French; Fat-Free French; Ranch; Fat-Free Ranch; Golden Italian; Fat-Free Italian; Blue Cheese; Caesar; Thousand Island and Fat-Free Raspberry Vinaigrette.

Handmade Burgers with Fries

(Additional toppings available upon request)

The Tradewinds Pub Burger**

Lettuce, tomato, onion, pickle, mayo, mustard, and ketchup. \$ 7.95

The Turkey and Swiss Burger**

Seasoned ground turkey meat, swiss cheese, lettuce and tomato. \$ 7.95

Vegetables and Sides

(A la carte for \$2.10 each)

Baked Potato – add cheddar cheese and bacon for \$.95

Mashed Potatoes

Hand-Cut Fries

Ask server for today's vegetables

Seafood

Bread service, choice of soup or salad and choice of 2 sides

Captain Bob's Fried Seafood Platter	\$16.95
<i>(Fish Filet, Clam Strips, Shrimp, and Crab Cake)</i>	
Skipper Bob's Broiled Seafood Platter	\$15.95
<i>(Fish Filet, Shrimp, and Crab Cake)</i>	
Fish Platter – Fried or Broiled	\$11.95
Shrimp Platter – Fried or Steamed	\$12.95
Clam Strip Dinner	\$10.95
Crab Cakes <i>(only when available)</i>	\$13.95
Fried Oyster Platter	\$10.95

Beef – Pork – Chicken

Bread service, choice of soup or salad and choice of 2 sides

Rib Eye Steak – 12 oz. **	\$15.95
Grilled Pork Rib Eye – 8 oz. **	\$10.95
Grilled Chicken Breast	\$ 8.95
Grizzly BBQ – Homemade here at WTR	\$ 9.95
Fried Chicken – White or Dark Meat	\$ 9.25
Chopped Sirloin - 8 oz. **	\$ 9.95

Vegetarian Choices

Vegetable Platter - Your choice of four sides and a side salad	\$ 7.95
Veggie Hot Dog Platter - Two veggie hot dogs served on toasted buns with your choice of hand-cut or sweet potato fries.	\$ 6.95
Garden Burger -A juicy garden burger on a toasted bun including American cheese, lettuce, tomato, onion, mustard, and ketchup.	\$ 7.95

Baskets

(served with hand-cut fries)

Chicken Tender	\$ 8.95
Clam Strip	\$ 7.25
Fried Fish	\$ 9.25
Fried Shrimp	\$10.25

**You may pay by cash, check, charge to your member account, room, cabin,
or transient site. We are unable to accept payment by credit or debit card.**

****Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may
increase your risk of foodborne illness, especially if you have medical conditions.**

Our meat and seafood cooking guide is as follows: **Rare** - Bloody cool
center, touch of rawness, **Medium Rare** - Bloody red, no rawness of meat,
Medium – Pink warm center, & **Medium Well to Well** - Fully cooked
with no redness