

Trade Winds Restaurant

Family Breakfast Menu

Saturday & Sunday

8:30 - 11:00 a.m.

****Captain Bob's Breakfast.....\$7.95**

Three eggs cooked to order served with your choice of hash browns or grits, toast or biscuit, and two orders of your choice of (3) pieces of bacon or (2) sausage patties.

****One Egg Breakfast.....\$4.95**

One Egg cooked to order served with your choice of hash browns or grits, toast or biscuit, and (3) pieces of bacon or (2) sausage patties.

****Two Egg Breakfast.....\$5.95**

Two Eggs cooked to order served with your choice of hash browns or grits, toast or biscuit, and (3) pieces of bacon or (2) sausage patties.

****Two Egg Omelet.....\$7.95**

Your choice of one meat (ham, sausage, bacon or turkey bacon) along with your choice of tomato, onion, sweet peppers, mushrooms, spinach or jalapenos stuffed inside your fluffy two egg omelet topped with cheddar cheese, served with your choice of hash browns or grits, and toast or biscuit.

****Breakfast Sandwich.....\$4.95**

Build your own sandwich: Choices are one egg any style, choice of cheese (Swiss, American, Cheddar, or Provolone) Bread, (3) pieces of bacon or (1) sausage patty.

**** 4 oz. Flat Iron Steak and Eggs\$9.95**

A 4 oz. Flat Iron Steak cooked to order with two eggs any style, served with your choice of hash browns or grits, and toast or biscuit.

Pancake Platter.....\$5.00

Three fluffy homemade pancakes served with your choice of (3) pieces of bacon or (2) sausage patties.

Waffle Platter.....\$5.00

Golden brown Belgium Waffle served with your choice of (3) pieces of bacon or (2) sausage patties.

French Toast Platter.....\$5.25
Three fluffy slices of cinnamon French Toast served with your choice of (3) pieces of bacon or (2) sausage patties.

Biscuits & Gravy.....\$5.25
Two home-style buttermilk biscuits smothered sausage gravy.

**Add an additional egg to any platter for 80 cents each. Eggbeaters' are also available to substitute for any egg in our platters for 25 cent additional charge per egg. We also have sugar-free maple syrup available upon request.*

Breakfast Sides

****One Egg\$1.00**
Hash Browns or Grits.....\$1.25
Toast, English Muffin, or Biscuit\$1.25
(3) Bacon or (2) Sausage\$2.00
(3) Turkey Bacon.....\$2.25
(3) Pancakes\$3.95
Grilled Onions\$0.45
Add Cheese\$0.45

Beverages

Coffee (Regular or Decaf)\$1.75
Hot Tea, Hot Chocolate or Milk\$1.50
Orange Juice Small.....\$1.00 Large.....\$1.50

Fountain Drinks:

Pepsi, Diet Pepsi, Diet Dr. Pepper, Mt. Dew, Mug Root Beer, Sprite, Ice Tea or Pink Lemonade
Small.....\$1.75 Medium.....\$1.85 Large.....\$2.40

You may pay by cash or charge account number. We are unable to accept payment by credit or debit card.

***Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have medical conditions. Our meat and seafood cooking guide is as follows: **Rare**-Bloody cool center, touch of rawness. **Medium Rare**-Bloody red, no rawness of meat. **Medium**-Pink warm center, & **Medium Well to Well**-Fully Cooked with no redness.*